# **Mansion House Club**

Swim ~ Dive ~ Tennis

P.O. Box 30, Mount Vernon, Virginia 22121

May 2014

## Message from the MHC President

Dear Mansion House Members,

Welcome to Summer 2014! We are looking forward to a great year. The pool is just about ready to open.

The white coating is done and it looks beautiful. We have a new pool operating company, MV Pools, and they have been working hard to get everything ready for the summer. In addition, many members came out for our three clean up days and made tremendous progress getting the pool, tennis courts, and grounds in good shape for the season. Thank you for all your hard work.

In addition to all the physical work that has gone into readying the Club for the season, there has been much behind-the-scenes action.

Our new website, was created and will be maintained by Sarah Revers (mansionhouseclub.com). Please visit the website often to learn of any updates to the MHC schedule and upcoming events and announcements.

As always, the Mansion House board is available to answer questions and respond to concerns. Please reach out to any of us if you have any needs this summer. We are looking forward to seeing you all poolside!

Sincerely,

Jacqueline Cooney, President

# **Baby Pool Information**

The baby pool will be open EARLY during limited times this summer!! In response to popular demand, we have arranged for a lifeguard to be on duty from 9AM to 11 AM in the baby pool ONLY on Mondays and Wednesdays, June 30-July 30.

The baby pool is for ages 6 and under only. Children older than 6 years should not be in the baby pool at any time unless they are babysitters 13 years of age or older. The baby pool will open at 11 AM on every other day during that time period. These hours are open to all families (not just swim and dive). We hope that you will enjoy these new family friendly hours!

#### Inside this issue:

Swim	2
Tennis	4
Social	5
Dive	6
MHC Board Contacts	8

# Pool Opens May 24 (details on page 5)

- May 26 -Meet the Board lunch
- May 26—Meet the Swim, Dive, and Tennis Coaches
- June 7-Opening Night Party
- June 14—Swim Time Trials
- July 4—Family Celebration
- July 13-Omelet Brunch
- July 19-Crab Feast

#### 2014 Operating Hours\*

Pool: May 24-September 1, 2014 11:00 a.m.-9:00 p.m.

Tennis Courts: Daily, year round, 8:00 am-10:00 pm

Note: Team events and practices may interrupt schedule. Be sure to check the Club's calendar for scheduled team or club events.

\* Weather permitting.

Does MHC Have Your e-mail Address?

If you did not receive this newsletter via e-mail, then MHC does not have your current email address. To receive e-mail updates and Club information, please send your email address to the Membership chair at mansionhousemembership@hotmail.com.

Visit the Club web site at: mansionhouseclub.com

# **MHC SWIM TEAM**

#### MHC SWIM TEAM SIGNUP & MEET THE COACHES

--May 26th from 3 to 5pm at MHC--

Join us at the clubhouse on Memorial Day to meet the coaches, register for swim team, and purchase your swimsuit, goggles, and fins. Our parent meeting will be held at 4:00 p.m. A separate Little Piranha parent meeting will be held at MHC on Sunday, June 1st, at 7 p.m.

#### **SWIM COACHES**

We are pleased to welcome back Head Coach Joe Smolinske to MHC. He grew up swimming in the Northern Virginia Swim League (NVSL) at Hayfield Farm and has been coaching competitive swim teams since 2005. He was an NCAA studentathlete at the University of Wisconsin-Whitewater. Joe is currently in graduate school at Xavier University and works as an assistant coach with Nation's Capital Swim Club.

Marye Carter will be returning as our Assistant Head Coach. Coach Carter has been developing younger swimmers since 1991. She has provided swimming and exercise instruction for Fairfax County, Nation's Capital Swim Club, and the NVSL. She is currently a kindergarten instructional assistant at Riverside Elementary and a lead coach for Nation's Capital Swim Club.

#### **MEETS**

The Piranhas kick off our 2014 season with Time Trials on Saturday, June 14<sup>th</sup> at 9am. This meet lasts about two hours and gives swimmers an opportunity to get times in each of the competitive strokes—freestyle, backstroke, breaststroke, and butterfly.

MHC will compete in Division 7 of the NVSL this season. Our opponents for our five competitive Saturday meets are Dowden Terrace, Great Falls, Greenbriar, Holmes Run Acres, and Waynewood. MHC will host Division Relays and Greenbriar will host the Division Individual Championship. NVSL All-Star Relays will be at Hunt Valley and NVSL Individual All-Stars will be at Annandale. We have also scheduled 5 Monday night Developmental Meets, "B meets", against Fort Hunt area teams including MVCC, Hollin Meadows, Hayfield Farm, Mount Vernon Park, and Waynewood. Other local qualifying meets include the Fort Hunt Sportsmen's Relays at Stratford Landing and the IM Invitational at Stratford Landing. Come out to cheer your swimmer and see friends from local pools.

#### **PRACTICE TIMES**

After School practice begins
Tuesday, May 27<sup>th</sup> with 13-18 yearolds practicing from 4:00-5:00p.m.,
9-12 year-olds from 5:00-5:45
p.m., and 8 & Under from 5:456:30 p.m. Morning practice begins Thursday, June 26<sup>th</sup>. It will be 7:30-9:00 a.m. for 13-18 yearolds; 8:45-10:00 a.m. for 9-12 year olds; and 9:45-10:45 a.m. for 8 & Unders. Little Piranhas will practice from 10:30-11:15 a.m. They will not have practices on Tuesdays.

#### LITTLE PIRANHAS PRO-GRAM

This is a developmental swim program we have for children ages 5 to 8 years old. There will be a Little Piranhas parent meeting on Sunday, June 1st at 7:00 p.m. We will provide an overview of the program and answer any questions you may have. Swim assessments will be scheduled with the coaches between June 2nd and June 6th. Little Piranhas practice will start on Monday, June 9 at 6:30-7:15 p.m. (M,W,TH,F) **No Tuesdays**.

#### **Swim Team E-mail List?**

Are you new to MHC or thinking about becoming a Piranha? Please email us at

Mansionhouseswimnews@gmail.com

#### MHC SWIM TEAM HAND-BOOK

A copy of this helpful guide will be emailed to each swim team family by the start of the season. It has helpful information for new and veteran Piranha Parents.

#### **QUESTIONS?**

E-mail the MHC swim team representatives, Terri Hood and Sarah Revers at:

mansionhouseswimews@gmail.com. Please review our swim pages on the MHC website as well.

## Longer Term Guest Passes and Caregiver Privileges

Having house guests this summer? Want to bring them swimming or to play tennis? Have a nanny? Do you want your Nanny to bring your children to the pool?

The Club has some additional types of passes that are more economical than the one time passes included with this newsletter. We have weekly and monthly guest passes for individuals or family's staying in your home as well as a "Nanny Pass" that allows your caregiver unlimited access to the pool along with your children. Contact John Graves, our Membership Chairman, <a href="mailto:lsgraves1@cox.net">lsgraves1@cox.net</a>, for your passes or to ask questions.

Page 2 Mansion House Club

# **2014 SWIM SCHEDULE**

June 14-Time Trials at Mansion House @ 8am

June 16- B Meet -Mt Vernon Country Club at MHC @ 5pm

June 21-1<sup>st</sup> NVSL dual meet: MHC at Great Falls: caravan leaving at 7am

June 23- B meet-Hollin Meadows at HM @ 5pm

June 25-Ft Hunt Sportsmen Relays at Stratford Landing @ 5pm

June 28-2nd NVSL dual meet: Waynewood at MHC @8am

June 30th- B meet-Hayfield at MHC@ 5pm

July 5- 3rd NVSL dual meet: MHC at Greenbriar: caravan leaves at 7:15am

July 7- B meet- Mount Vernon Park at MHC@ 5pm

July 9-Division Relay Carnival @ MHC at 5pm

July 12-4<sup>th</sup> NVSL dual meet: Dowden Terrace at MHC @ 8am-Senior recognition!!!

July 14-B meet- Waynewood at Waynewood

July 16-All-Star Relay Carnival at Hunt Valley @ 5pm

July 19-5<sup>th</sup> NVSL dual meet: MHC at Holmes Run Acres: caravan leaves at 7:30am

July 21-Individual Medley (IM) Invitational at Stratford Landing Pool

July 26th-Division Championship meet at Greenbriar @ 8am

July 26th - MHC Awards Dinner & Celebration @ 6:30pm

August 2nd-Individual All-Stars Meet at Annandale

# **2014 YOUTH TENNIS SCHEDULE**

Week #1 - starting June 22:

Tues, Wed Classes begin (4:30PM QS1/2, 5:30PM P-I/-II, 6:30 HP)

Thurs Classes (8AM QS1, 9AM QS2, 10AM P-I, 11AM P-II, 12PM HP)

Fri Welcome Round Robin @ Mt Vernon Athletic Club (3:30PM for 13+, 4:45PM U12)

Week #2 - starting June 29:

Sun Home Match – MHC vs Mt Vernon Park (5PM at MVHS)

Wed Home Match – MHC vs Little Hunting Park (8:30AM at MVHS) M, T, Th Classes (8AM QS1, 9AM QS2, 10AM P-I, 11AM P-II, 12PM HP)

Week #3 - starting July 6:

Sun Away Match – MHC vs Stratford (5PM at Stratford)

M, T, Th Classes (8AM QS1, 9AM QS2, 10AM P-I, 11AM P-II, 12PM HP)

Week #4 - starting July 13:

Sun Home Match – MHC vs Riverside (5PM at MVHS)

Wed Away Match - MHC vs Waynewood (8:30AM at Waynewood)
M, T, Th Classes (8AM QS1, 9AM QS2, 10AM P-I, 11AM P-II, 12PM HP)

Week #5 – starting July 20:

Sun Away Match – MHC vs Hollin Meadows (5PM at Hollin Meadows)
Mon, Tues Classes (8AM QS1, 9AM QS2, 10AM P-I, 11AM P-II, 12PM HP)

Wed Makeup Match Day (if needed)

Thurs Beginner-Interm. Round Robins @ MHC (8-9:00AM QS 1/2, 9-10:30AM Perf I/II)
Thurs Performance II & High Performance-Tennis Team League Awards & Round Robin
@ Mt Vernon Athletic Club (11:30AM-12:30PM for U12, 12:30-1:30PM for 13+)

Week #6 - starting July 27:

M, T, Th Classes (8AM QS1, 9AM QS2, 10AM P-I, 11AM P-II, 12PM HP)

Thurs MHC End of Season Party (Group Picture, MHC Awards) 6:30PM @ MHC

May 2014 Page 3

# **MHC TENNIS PROGRAM**

The Mansion House Tennis Program is ready for a great 2014 season! Our fabulous Mt Vernon Athletic Club instructors are back to help you learn and improve your game.

Please see the website for updated information and details!

#### <u> Important Dates:</u>

May 18 4-6PM: In-person registration at Mansion House Club – come meet your Tennis Coaches!

May 26 3-5PM: In-person registration at Mansion House Club

June 22 Classes start – register on-line, by mail/email or in person – **space is** 

#### limited!

#### **Youth Tennis Program Information:**

**Quick Start 1**—Ages 4-6 (Program Code QS1): The newest players will learn tennis tailored to their size and age. Special balls, nets, and court dimensions will be used to ensure everyone has fun and learns the fundamentals.

**Quick Start 2**—Ages 6-8 (Program Code QS2): This is a continuation of Quick Start 1, still using special balls and smaller court dimensions, but with more advanced drills and games for younger players.

**Performance I**—Ages 9+(by ability - Program Code P-I): For the beginner youth tennis player looking to learn the strokes, mechanics and general footwork.

**Performance II**—Ages 9+(by ability - Program Code P-II): For the beginner to intermediate youth tennis player looking to learn regular match play, along with basic and more advanced stroke play and footwork. **Possible match play experience with local pools Wednesday mornings and Sunday afternoons.** 

**High Performance**—Ages 9+(by ability - Program Code HP): Intensive drills and match play for the advanced player. <u>Match play with other local pools Wednesday Wednesday mornings and Sunday afternoons.</u>

#### **Adult Program Information**

Mon Adult classes (6 weeks, June 23 - July 31, 6PM Beginner, 7PM Intermediate/Advanced)

Tues Men's - Adult Social Tennis (All summer, 7PM)

Wed Women's - Adult Social Tennis (All summer, 7PM)

Thurs Mixed Doubles -Adult Social Tennis (All summer, 7PM)

Page 4 Mansion House Club

#### 2014 Social Calendar

**MEMBERS OPEN HOUSE** (May 18, 4:00 p.m.–6:00 p.m.) -- No swimming, yet, but come check out the pool, see old friends, and meet the new MHC members!

**BOARD PICNIC** (May 26, 11:00 a.m.–1:00 p.m.) - Still only \$3 for hotdogs, chips, and a drink. Catch up with summer friends and chat with the Board members.

**OPENING NIGHT PARTY** (June 7, 6:00 p.m.–11:00 p.m.) -- As always, the BEST way to start off the summer season. We are pleased that we have the "Tommy Gann Band" for entertainment. Tommy has performed at MHC as a solo performer on the 4<sup>th</sup> of July and his high energy band is well known and plays regularly in venues on the Arlington/DC circuit. We are maintaining our bargain price of \$20/person to encourage maximum participation. Come and bring all your friends.

SUMMER SOLSTICE WINE TASTING (June 21) Come taste some local wines, hobnob with your friends, and stock up on wine for the summer.

JULY 4th CELEBRATION (12:00 p.m.-4:00 p.m.)

The day your kids look forward to all year -- games, beer, live music, sun -- A true American celebration and tradition.

**OMELET BRUNCH** (July 13, 11:00 a.m.-1:00 p.m) We're bringing back this old Mansion House tradition by popular demand. Omelets made to order! **CRAB FEAST** (July 19 / 6:30 p.m.-11:00 p.m.) — The best social event in Mt Vernon all summer—crabs, shrimp, and roasted pig! Buy your tickets early!

**TEEN NIGHT** (date TBD) -- Music, pizza, soda, no pesky younger siblings!

**FLOAT NIGHT** (July 31, 6:00 p.m.–9:00 p.m.) -- Back by popular demand!

**MOVIE NIGHT** (August 29, 7:00 p.m.–9:00 p.m.) -- The best way for the kids to wind down their summer!

**BEER AND BRATS** (August 30, 6:00 p.m.– 9:00 p.m.) -- The best way for the ADULTS to wind down their summer!

#### **Legal Chair Needed**

Are you an attorney looking for a great way to get involved in your community? Here's your opportunity! Our legal chair, Paul Werner, has done a fantastic job, but his family is moving, so we need a replacement on our board. In addition to attending board meetings, the legal chair's responsibilities include reviewing contracts, recommending and drafting changes to the MHC bylaws, and acting as liaison with our outside counsel. Please email <a href="mailto:jackiecooney2000@yahoo.com">jackiecooney2000@yahoo.com</a> if you are interested.

#### **Membership Notes**

Some of our Members have their shares available for sale so if you know of anyone who might be interested in Mansion House membership, please speak with them and have them contact our Membership Chairman, John Graves. We would like to speak with them! Keep an eye open for those moving trucks!

Several have asked what to do if they would want to sell their share.

When you decide that you would like to sell your membership, your name needs to be put on the official sale list. The shares are sold by the Club in the order in which they are put on the list unless you find your own buyer in which we can sell your share to that family right away. Due to the seasonal nature of the club, be sure to plan in advance and get on the sale list earlier rather than later to minimize the time waiting while you are progressing up the list.

Until the share sells, the Member still has full use of the club as well as continued member responsibilities. When the share sells you receive back your \$1,000 share investment less a \$50 administrative fee assuming that you are up to date with current obligations. For more specifics, contact John Graves, Membership Chairman, at <a href="mailto:isgraves1@cox.net">isgraves1@cox.net</a>.

#### **Laptop Needed!**

If you are upgrading a laptop computer the Club is looking for a replacement for our front desk computer. Our current computer has seen better days and we would like to improve our capabilities without having to make a purchase. If you have a laptop that has Windows installed and would like to give it a good home, please consider us! Contact Membership Chair John Graves at isgraves1@cox.net.

#### <u>Kitchen</u>

As always, the kitchen is open and usable by any members during the season. Please feel free to use the refrigerator, stove/oven, microwave, sink, and grills. Please remember to clean up after yourselves, including removing any personal items and wiping down the sink, stove/oven, counters after you have used them. Cleaning products are accessible for use by all members near the sink in the kitchen. Mansion House will notlonger keep grilling utensils, plates, or other items for general use in the kitchen. Please remember to bring your own and take them home when you are done. Anything left behind will be discarded. Thank you for helping us keep the Mansion House kitchen clean!!

May 2014 Page 5

# **MHC DIVE TEAM**

Join us at the clubhouse on Memorial Day, May 26<sup>th</sup> from 2 - 4pm to meet the coaches, register for dive (if you missed the May 18<sup>th</sup> registration) and purchase a team swimsuit. A parent meeting will be held from 3:30 - 4:00pm.

#### **DIVE COACHES**

The Piranhas Dive Team is looking forward to another exciting season of diving. We are very happy to have Tim Fisher returning as our Head Coach and Jack Joyce and Maggie Pionzio will also be our Assistant Coaches. Our team will be competing for the 4th year in Division 1 of the Northern Virginia Swim League (NVSL), the nation's largest summer swimming and diving league. Practices will usually be in the afternoons from 4 - 6pm, M-F, with meets on Tuesday evenings at 6pm. (NOTE: If the swim team has a B meet at HOME on a Monday, the dive practice will be on Monday morning.) We will have 3 home meets against Walden Glen, Crosspointe, and Truro. We will have 2 away meets against Lee Graham and Sideburn Run.

# NEW TO DIVING? NOT QUITE SURE?

The Piranhas Dive Team always welcomes new members, so please join what we believe is one of the best summer dive

# Questions about the dive program? Contact:

Judy Joyce, Dive Team Rep (703) 360-6210/ (703) 309-3787 judyjoyce@verizon.net

programs in Northern Virginia. Our dive team philosophy is to become the best divers we can, to demonstrate good sportsmanship and team spirit, and to have a fun and safe summer. If you are new to diving, and don't yet know if your child will like it, or commit to it, please come try it out! Everyone is offered the chance to try it for a week. If it's not right for your child, your check will be returned to you at the end of the first week of practice. We do need your registration form and check in hand, however, to comply with our insurance regulations. So, come on May 26th, ask questions, learn more about diving, fill out a registration form, write the check, and then come to practice for a week. We promise you'll be hooked! We've had children as young as four on the team, so don't let age be an issue. The younger they start, the better! After you've tried it for a week, you'll know if it's right for your child, and if not, we'll return vour check, and hope you'll try it again another year.

#### **OFFICIALS CLINICS**

Do you enjoy having the best seat in the house? Do you like being part of the action? Then dive table working and judging are perfect for you! Table workers help run the meet by writing the scores and degrees of difficulty on the sheets after each dive, and then they tabulate the diver's score. Judges sit by the side of the pool and rate each dive on a scale of one to ten. In order to learn how to do these very important roles, there are clinics that will teach you everything you need to know.



The MHC dive team needs more parents, especially those of younger children, to learn how to referee, judge, announce, and work the table. To do so, you'll need to attend one of the clinics listed on the DIVE TEAM CALENDAR.

Email for more information about the clinics or any questions you may have to the MHC Dive Team representative, Judy Joyce: judyjoyce@verizon.net.

Page 6 Mansion House Club

# **2014 MHC Dive Team Schedule**

**May 26th** -- DIVE Registration at MHC 2:00 to 4:00 pm/Meet the Dive Coaches Meeting 3:30-4:00 pm **Week of May 26** -- Afternoon dive practice begins, Tuesday through Friday, 4:00 to 6:00 pm

**Week of June 1** -- Afternoon practice 4:00 to 6:00 pm, Monday through Friday

June 7 -- Coaches Clinic at Arlington Forest, 10:00am

Week of June 8 -- Afternoon practice 4:00 to 6:00 pm, Monday through Friday

June 8 -- Team Rep meeting: 8:30 am; Tableworkers and Judges Clinics (run conconcurrently): 9:30 am at Lee Graham

June 10 -- Referee Clinic at Mantua, 6:30 pm

Week of June 15 -- Afternoon practice 4:00 to 6:00 pm, Tuesday through Friday (no practice Monday)

June 17 -- Judges Clinic at Sleepy Hollow Rec, 6:30 pm

June 19 -- Referee Clinic at Truro, 6:30 pm

Week of June 22 -- Afternoon practice Monday, Wednesday, Thursday and Friday 4:00 to 6:00 pm

June 24 -- Dive Meet: MHC at Sideburn Run (5:00-6:00 pm warm up at Sideburn Run; 6:00 pm meet)

June 25 -- Last Chance Judges Clinic at Sleepy Hollow Bath and Racquet, 6:30 pm

June 26 -- B meet MHC at Crosspointe (5:00-6:00 pm warm up at Crosspointe; 6:00 pm meet)

**Week of June 29** -- Morning practice Monday and Tuesday, 8:00 to 10:00 am; Afternoon practice Thursday 4:00 to 6:00 pm; no practice Friday, July 4

July 1 -- Dive Meet: Walden Glen at MHC (4:00 to 5:00 pm warm up; 5:00 to 6:00 pm warm up Walden Glen; 6:00 pm meet)

July 2 -- Fun Day and Breakfast, 8:00 to 10:00 am

**Week of July 6** -- Morning practice Monday and Tuesday, 8:00 to 10:00 am; Afternoon practice Thursday and Friday, 4:00 to 6:00 pm

July 8 -- Dive Meet: Truro at MHC (4:00 to 5:00 pm warm up; 5:00 to 6:00 pm Truro warm up; 6:00 pm meet)

July 9 -- Fun Day and Breakfast, 8:00 to 10:00 am

**Week of July 13** -- Morning practice Tuesday, 8:00 to 10:00 am; Afternoon practice Monday, Thursday and Friday, 4:00 to 6:00 pm

July 13 -- Wally Martin Memorial 3-meter Dive Meet at Oak Marr Rec Center (all day)

July 15 -- Dive Meet: MHC at Lee Graham (5:00 to 6:00 pm warm up at Lee Graham; 6:00 pm meet)

July 16 -- 8-10 am Fun Day and Breakfast

Week of July 20 - Morning practice Tuesday, 8:00-10:00 am; Afternoon practice Monday 4:00-6:00 pm

July 20 -- Cracker Jack Invitational Meet at Springfield (all day)

July 22 -- Dive Meet: Crosspointe at MHC (4:00 to 5:00 pm warm up; 5:00 to 6:00 Crosspointe warm up; 6:00 pm meet)

July 23 -- Fun Day and Breakfast, 8:00 to 10:00 am

July 24 through July 27 -- Divisional divers practice, TBD

#### Week of July 27

July 27 -- Divisional Dive Meet at Sideburn Run, 8:00 am until completed

July 28 through August 2 -- All Star divers practice, TBD

July 29 -- End of Season Party

August 3 -- All Star Meet at Lee Graham, 8:00 am until completed

May 2014 Page 7

## **NEW MHC WEBSITE**

Mansion House has a new website. Please visit us at www.mansionhouseclub.com to read all about the summer fun planned for this season. Website **visitors** will have access to most informational pages.

Website *members,* however, will have on-line access to pay their club dues, social event fees, and team registration fees. In addition, website members will be able to view club and team photo pages, and receive instant notices regarding pool closures due to weather or contamination incidents. Please fill out and submit the member application found on the website tab, "Application for Online Payment/Dues," and approval will be granted within 24 hours. We request that there be only one member application and email login per household as membership and payments are identified through your MHC membership number.

To pay your dues online, register and pay for social events, or register for MHC teams, please select the event listed on the home page or the "MHC Calendar/Events & Payments" page and click the register button. If you prefer to pay your dues and register for events and teams in person, please continue doing so and enjoy the website for its informational content. Let us know how we are doing and if there is anything else you would like to see on the website.

#### **MHC Board**

**President: Jackie Cooney**, jackiecooney2000@yahoo.com

**1st Vice President: Mike Hooper**, mike\_hooper@hotmail.com

**2nd Vice President/LR Planning:** Jodi Shlesinger, skinsfans@hotmail.com

**Secretary:** Mary Heitman, mary.heitman1@gmail.com

Treasurer/Finance: Linda Fisher,

lfisher@iiamaw.org

**Pool Operations:** Martha Frueh, kc1319@aol.com **Eng., Const., and Maintenance:** John Finucan,

jfinucan@verizon.net

Membership: John Graves, jsgraves1@cox.net

Legal: open

**Social: Chris White,** chris.white@longandfoster.com

**Swim: Terri Hood,** hoodterri@yahoo.com **Dive: Judy Joyce,** judyjoyce@verizon.net

**Tennis: Anna Cushman**, anna.w.cushman@gmail.com

Mansion House Club P.O. Box 30 Mount Vernon, Virginia 22121